

## Eye Accessing Cues Homework

**Work with a partner.**

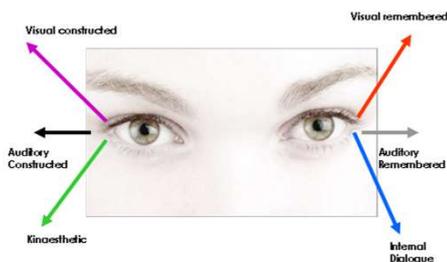
**Ask them the questions below and notice where their eyes move – just mark an arrow on a piece of paper to show the movement.**

### Visual Remembered

- What colour is your front door?
- What do you see on your journey to the nearest shop?
- How do the stripes go around a tiger's body?
- How tall is the building you live in?
- Which of your friends has the longest hair?

### Visual Constructed

- What would your bedroom look like with pink spotted paper?
- If a map is upside down, which direction is Southeast?
- Imagine a purple triangle inside a pink square?
- How do you spell your first name backwards?



### Auditory Remembered

- Can you hear your favourite piece of music in your mind?
- Which door slams the loudest in your house?
- What is the sound of the engaged tone on the telephone?
- Is the third note in the National Anthem higher or lower than the second note?
- Can you hear the dawn chorus in your mind?

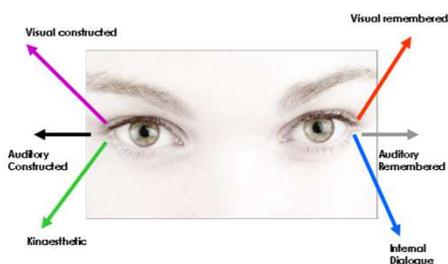
## Eye Accessing Cues Homework

### Auditory Constructed

- How loud would it be if ten people shouted at once?
- What would your voice sound like underwater?
- Think of your favourite tune played at double speed?
- What sound would a piano make if it fell off a ten storey building?
- What would a chain saw sound like in a corrugated shed?

### Internal Dialogue

- What tone of voice do you use when you talk to yourself?
- Recite a nursery rhyme silently to yourself?
- When you talk to yourself, where does the sound come from?
- What do you say to yourself when things go wrong?



### Kinaesthetic (Including smell and taste)

- What does it feel like to put on wet socks?
- What is it like to put your foot into a cold swimming pool?
- What is it like to feel wool against your skin?
- Which is warmer now, your left or right hand?
- What is it like to settle into a nice hot bath?
- How do you feel after a good meal?
- Think of the smell of ammonia?
- What is it like to taste a spoonful of very salty soup?